

**Nail Technician Course**  
**NCFE Level 2 Nail Technician Award**



# Nail Technician Course

## NCFE Level 2 Nail Technician Award

Are you inspired by beautiful nails? Keen to learn the key techniques? Then this nail technician course could be right for you.

It covers everything from anatomy and physiology to advanced nail techniques including U.V gel systems and nail wraps. This is the perfect course to start your career in nails because you also get a full Level 2 Nail Technicians kit and a free DVD.

Like all Start Learning courses, your tutor will be there to help every step of the way, and we have designed this course into bite sized sections so you can fit your study into your busy life. So Start Learning now!

### Entry Requirements

Entry on to this course is open to everyone.

At Start Learning we believe that everyone should have the opportunity to expand their knowledge and study further, so we try to keep our entry requirements to a minimum.

[www.start-learning.co.uk](http://www.start-learning.co.uk) 0800 074 1222

### Your Questions Answered

#### Fancy a really interesting job in the beauty industry?

Working in the beauty industry is both interesting and varied. Job satisfaction is high. As a Nail Technician, you would usually work in a salon with other beauticians, hairdressers etc. Or you can, if you wish, decide to be your own boss and run a 'mobile' business, visiting your clients in their own homes. Whatever path you choose, it's a job you'll love doing and you'll make new friends too!

The great thing about our Nail Technician course is that you can study in your own time, at your own pace, from home or from work. You will also have your own professional personal tutor offering tutor support by e-mail and post for a full 12 months from the day you receive the course.

#### What will I learn on the course?

On the course you'll learn all about manicuring nails; decorating nails with coloured varnish, glitter, gems or special designs; applying false nails or nail extensions; cleaning nails and also discussing with your clients what would be most suitable for them.

You'll also learn to check for signs of nail disease and the importance of following careful hygiene procedures.

#### What are the advantages of being self-employed?

After successful completion of the course, you may choose to start your own mobile Nail Technician business. The advantages of being self-employed are superb: being your own boss, not having to answer to anyone but yourself, choosing your hours, working from home...the list is endless!

**The course has been mapped against the National Occupational Standards for the Beauty industry set by *habia*.**



## Nail Technician Course Content

**Unit 1 - Your professional image:** Health and safety - Professional salon conduct towards client and colleagues - Professional ethics - Professional ethics towards clients and colleagues - Your professional appearance

**Unit 2 - Bacteria and other infectious agents:** Bacteria (types) - Nail fungal infections – Sterilisation – Sanitation - Disinfection

**Unit 3 - Safety in the Salon:** Chemicals used by Nail Technicians - Overexposure to chemicals - Eye protection - Cumulative Trauma Disorders - Carpel Tunnel Syndrome

**Unit 4 - Understanding Chemicals:** Matter and energy - Properties of matter – Energy - Element, atom, compound and molecule – Vapours - Chemical reactions – Catalysts – Adhesion – Primers - Monomers and polymers - Light and energy

**Unit 5 - Anatomy and Physiology:** Cells, tissues and membranes - Cell structure and function - Cell membranes - Nucleus and nucleolus – Cytoplasm - Cell functions - Cell division – DNA - Body tissue – Epithelial – Muscle – Nervous – Membranes - Skeletal system - Muscular system - Nail Anatomy

**Unit 6 - Nail Anatomy:** Nails and disorders - Symptoms

**Unit 7 - Skin and its disorders:** Function of the skin - Skin structure – Epidermis – Dermis – Nourishment - Nerves - Skin glands - Skin disorders

**Unit 8 - Client Consultation:** Clients' needs - Clients' lifestyle - Client record card

**Unit 9 – Manicuring:** Supplies - Sanitation of implements - Materials and containers - Nail cosmetic supplies - Table top set up - Nail shape - Plain manicure - Finishing the nails - Male manicure - Paraffin wax treatment - Hand massage

**Unit 10 - Basic Pedicure:** Supplies - Pre-service - Performing a pedicure - Foot massage

**Unit 11 - Advanced Nail Techniques:** Nail Tips - Application

**Unit 12 - Acrylic Overlay Tips:** Acrylic powers – Supplies - Pre-service – Application – Refills – Maintenance - Removal

**Unit 13 - U.V Gel System:** Preparation - French manicure - Gel maintenance - Gel removal

**Unit 14 - Nail Wraps:** Supplies - Pre-service – Application – Maintaining - Removing - Repairing fabric wraps - Nail art

**Unit 15 - Areas of Nail Technician Work:** Mobile - Home-based - Salon-based

**Unit 16 - Safety at Work:** Control of substances Hazardous to Health (COSHH) - Electric files

**Unit 17 - Aromatherapy recipes for Manicures and Pedicures:** Cuticle softening treatment - Nail strengthening treatment - Tired, swollen feet - Cracked and dry feet

**Each Unit is followed by an assessment and has some further recommended reading suggestions.**

**FREE DVD: "Acrylic Nails and Tip Application"** This DVD is created by the course author and guides you through with step by step instructions. It also covers client consultation, nail preparation, tip application, finishing and the end result.

### FREE Level 2 Nail Kit:

- Cuticle Nipper
- Nail Scissors - Straight Shank 9cm
- Cuticle Knife - Stainless Steel
- Thick Emery Boards (10)
- 6" Manicure Sticks (10)
- Rubber Ended Hoof Stick
- Plastic Nail Brush
- Nail Buffer Chamois, 12cm
- Concave Manicure Bowl
- Nail Clipper 80mm
- Big Foot File
- French Manicure Kit
- Cuticle Oil 15ml
- Base Coat 15ml
- Quick Dry Top Coat 15ml
- Nail Varnish - Classic Red
- Nail Varnish - Pink Pearl
- Nail Varnish - Chocolate Pearl
- Clear Spatula 15cm
- Paraffin Wax Brush 2"
- Skintruth Nail Buffing Cream
- Cuticle Massage Cream
- Creamy Cuticle Remover



## Qualifications & Awarding Body

### What qualifications will I gain through the course?

Level 2 Award "Nail Technician". At the end of this course successful learners will receive a Level 2 NCFE Award certificate of achievement. That means that it is independently accredited at a level of learning equivalent to level 2 on the National Qualifications Framework (NQF) for England, Wales and Northern Ireland

### Awarding Body Information

NCFE is recognised as an awarding body by the qualification regulators ('regulators') for England, Wales and Northern Ireland. The regulators are the Office of the Qualifications and Examinations Regulator (Ofqual) in England, the Department for Children, Education, Lifelong Learning and Skills (DCELLS) in Wales and the Council for Curriculum, Examinations and Assessment (CCEA) in Northern Ireland. <http://www.ncfe.org.uk/>

### How do I gain practical experience?

After completing your course, you should gain some hands-on training in a salon, or practice on friends and family to get some experience, and then you could start applying for jobs or set up your own mobile business.

### Do you include work tools with the course?

Yes, we provide a Level 2 Manicure & Pedicure Kit

### How can I set up my own Nail Technician business after taking the course?

The course features lots of information about how to set up in business working for yourself. Don't worry, it's not as daunting as it sounds!

### I already have a job

Great! But you can't beat working for yourself. Just think: nobody to tell you what to do - you're completely your own boss! You don't have to answer to anyone but yourself, you can choose the hours you work, no commuting to work... once you've started you'll never look back!

### But there's a recession on!

There is always a market for beautiful nails, even in a recession. People want to keep themselves well groomed and looked after.

## Price & Payment Terms

### Nail Technician Course NCFE Level 2 Nail Technician Award

Full Course Cost: **£375**

Postage & Packaging: **£4.95**

### Payment Plans

**50% Deposit + Postage** = £187.50 + £4.95 (This is paid when signing up for the course)

**First Instalment** = £62.50 (This is paid 1 month after signing up for the course)

**Second Instalment** = £62.50 (This is paid 2 months after signing up for the course)

**Third Instalment** = £62.50 (This is paid 3 months after signing up for the course)

Call us on **0800 075 1222** or email us at [info@start-learning.co.uk](mailto:info@start-learning.co.uk) if you would like to set up a payment plan.